

**Well, “someone” is, but your help is needed to get the word out.**

Everyday that school is in session, Family and Consumer Science teachers across the country are busy offering classes that address each of these issues.

Together they make up a program called family and consumer sciences education

(FACS, for short).

**Course Examples:**

-  **Nutrition and Wellness**

-  **Financial Management**

-  **Parenting and Child Care**

-  **Career Planning and Job Skills**

-  **Personal and Family Relationships**

**Sources Cited:**

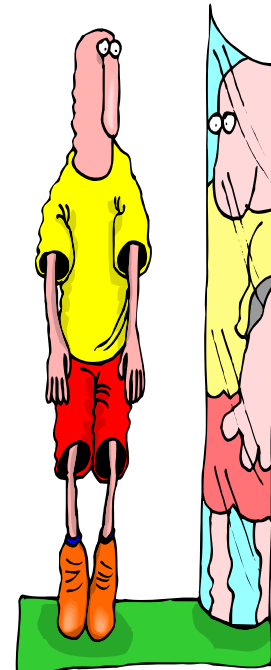
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Contact the Family and Consumer Sciences teachers in your local middle schools, junior high schools, and high schools to learn how you can help address the critical life issues facing our youth and adults today. Together, we can make a difference.

**Developed by the National Coalition for Family and Consumer Sciences Education**

in support of the following local family and consumer sciences programs/teachers:

**Life Looking A Little Distorted?**



**Open up to see the FACS more clearly!**

## Headlines Indicate Nation in Crisis

- **More than 50% of adults and 15% of children and teens are overweight.** <sup>(1)</sup>
- **Personal bankruptcy filings have increased by more than 200% in the last 10 years.** <sup>(2)</sup>
- **Children are not entering school ready to learn.** <sup>(3)</sup>
- **Nearly one child in five lives in poverty** <sup>(4)</sup>
- **Dropouts earn half the annual income as that of a high school graduate.** <sup>(5)</sup>



Wouldn't you like "someone" to do "something" about these costly issues?

As we all know life and work today are more complex than ever before. It's getting harder to separate our work roles from our family life roles. Without question, success in life today involves balancing our various roles in the workplace, family and community.

### FACS classes contribute to successful lives by helping students:

- Connect academic skills to real life issues
- See how their choices today affect their future
- Recognize how personal relationships and family life affect their productivity at work
- Explore career options in growth industries



SEE CLEARLY and  
SUCCEED!

In addition, FACS students can expand their leadership potential and develop skills for life through a national organization called Family, Career, and Community Leaders of America (FCCLA).

### FCCLA opportunities include:

- **Student Body**—a nutrition and fitness program in which FCCLA members educate their peers about the importance of eating right, exercising, and making healthy lifestyle choices.
- **Financial Fitness**—a financial literacy program which helps young people learn how to make, save, and spend money wisely.
- **Families First**—a program to strengthen families in our society by helping students understand how families work and teaching them skills to become strong family members.
- **Power of One**—a program that helps students find and use their personal power to set goals, work to achieve them, and enjoy the results.



FACS programs all across the United States assist students to see their future more clearly each day. Encourage students to participate today in what will become their future tomorrow.